

Parsons Green Fair









Another year, another successful Parsons Green Fair!

Thank you to our partners Marston Properties, John D Wood Co., Handelsbanken, Lewis & Co., and St Dionis Church who supported us in creating another memorable fair, celebrating the Fulham community. **We raised over £20,000** for our ongoing work with older, disabled, and disadvantaged neighbours in their homes, our community and community centre and online. Thank you all!

Windrush

Our beneficiaries had a great time at the Windrush event hosted by Nubian Life Resource Centre at Fulham Palace! It was a fabulous afternoon enjoyed by all with glorious food, dancing, and great entertainment by Effra Jazz Band.

President: The Mayor of Hammersmith & Fulham



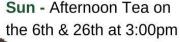
August 2nd 2023

Mon - Digital Support 11:00am; Exercise 2:00pm; Choir 3:30pm; Gardening service Tues - Art Club 11:00am; Gardening service; Silver Lunch Club (monthly at White Horse, Kennedys & the Rylston)

1:00pm; Online Art Club 3:00pm; Gardening service; Decorating & DIY service

Wed - Lunch Club

Thurs - Reading Club
11:00am; Exercise
2:00pm and 3:00pm;
Decorating & DIY service
Fri - Craft Club 11:00am;
Decorating & DIY service





Room needed for video-shoot!

Media Trust has very kindly donated their time and effort to help create a film about Fulham Good Neighbours and the work we do in the community. A big thank you to Callum Lloyd-James for leading this project and helping Fulham Good Neighbours' reach a wider audience!

For the purpose of this video-shoot we are kindly making a request for a room in a house/flat for use as a shooting location for EITHER Monday the 21st of August OR Tuesday the 22nd of August between 9:00am - 6:00pm.

Cost covered by a location fee!

Choir Club

Choir club will be resuming in September, Grace (volunteer coordinator) will be in touch very soon with further details.

Volunteer Corner

Please see our Handbook here & our Safeguarding policy here. Please contact us with any queries & ensure to expense your costs so that you are not out of pocket. If you are concerned for a beneficiary, please call 07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 — Option 3. They can arrange a welfare check if required. In an emergency, please call 999.

Compassionate Neighbours

Compassionate Neighbours are looking for volunteers who can offer their support individuals who are experiencing isolation, illness, or loneliness. This will include: visiting community members regularly, emotional support and listening ear helping members connected to their local community as well as with family and friends using their own skills and interests to create community initiatives and activities.

To learn more and book your spot on our H&F training, please contact the team on: connect@royaltrinityhospice.london or 0777 554 184







West London Works

Is a physical or mental health condition making employment difficult?

West London Works supports individuals with physical and/or mental health challenges access rewarding employment opportunities to help accelerate recovery and build a brighter future. West London Works is a free service designed to help you find meaningful employment or to stay in your current role.

Take advantage of this opportunity and sign up today by speaking to your GP and or contact them at 0800 987 4088 or info@westlondonworks.co.uk.



Tuesday Club

A new network of memory cafes in H&F running each week

The Tuesday Clubs are a place where people can find companionship in a relaxed environment away from the stresses of everyday life; the activity groups can improve wellbeing by:

- Providing interest and enjoyment
- Connecting with others
- Sharing experiences among peers
- · Getting out into the community

Look for a location near you! To sign up or ask questions, please call Peggy on 07775784520 or email at peggy@hfdaa.org.





Nourish Hub Brekky Club

Brekky Club happening every 2nd & 4th Friday of every month! This is an opportunity to get together with your community over a hot drink and breakfast between 9:00am - 11:00am (1 St Anns Road, Shehperds Bush, W11 4SS). No bookings required.

Upcoming dates:

- Friday 11th of August
- Friday 25th of August
- Friday 8th of September
- Friday 22nd of September

Summer Fun Events

Join Nourish Hub for a delicious twocourse vegetarian Surplus Suppers or escape the heat and watch some foodie movies with snacks! (Unit A, Swanscombe house, 1 St Anns Road, Shehperds Bush, W11 4SS)

Upcoming events:

- 9th of August A-Peel Art Surplus Supper 4.30-6:30pm
- 10th of August Movie Screening -Ratatouille 2:00-4:30pm
- 23rd of August Movie Screening -Cloudy with a Chance of Meatballs 2:00-4:30pm
- 30th of August Hub Quiz Surplus Supper 5:00-7:00pm



Contact us

- **©**020 7385 8850
- info@fulhamgoodneighbours.org
- www.fulhamgoodneighbours.org
- 70 Rosaline Rd, London, SW6 7QT

Social Media

- fulgdneighbours
- fulhamgoodneighbours
- Fulham Good Neighbours
- in Fulham Good Neighbours Service



Supporters Scheme Form by Standing Order

Your details	FIRST NAME	LAST NAME	
	FIRST NAME	LAST NAME	
ADDRESS			
			REGISTERED CHARITY
POST CODE	EMAIL	TELEPHONE NUMBER	1113752
Your gift to the Ma		Standing order manda	PLEASE RETURN THIS COMPLETED FORM TO:
NAME OF YOUR BANK (BA	ANK/BUILDING SOCIETY)		Fullham Cood
			Fulham Good Neighbours, Rosaline
ADDRESS OF YOUR BANK		POST CODE	Hall, 70 Rosaline Rd, SW6 7QT
ACCOUNT NAME			
ACCOUNT NUMBER	SORT CODE		
THE STATE OF THE S			
I WOULD LIKE TO SET UP /	A STANDING ORDER FOR &	TO BE PAID (M	ONTHLY/YEARLY/OTHER)
STARTING PAYMENT ON	1 1	AND THEREAFTER UNTIL FURTHER SUPPORTERS SCHEME	NOTICE. PLEASE QUOTE REFERENCE:
PLEASE PAY THE ABOVE A	MOUNT TO: CAF BANK, 25 KIN	IGS HILL AVENUE, KINGS HILL, WEST MALLIN	IG, ME19 4JQ
ACCOUNT NUMBER:	00014669	SORT CODE:	40 - 52 - 50
SIGNATURE:		DATE:	I
Gift Aid declaration	1		
Gift Aid i	is a tax relief on money donated to U	K charities by people who are UK taxpayers	giftaid it
Please in	ncrease the value of your donation by	25% by completing this Gift Aid Declaration	J ,
amount	of tax that all the charities and CASC	come Tax and/or Capital Gains Tax in the tax s I donate to, will reclaim on my gifts for tha ot qualify and the charity will reclaim 25p of	t tax year. I understand that