

AUGUST NEWSLETTER

Parsons Green Fair



Another year, another successful Parsons Green Fair!

Thank you to our partners Marston Properties, John D Wood Co., Handelsbanken, Lewis & Co., and St Dionis Church who supported us in creating another memorable fair, celebrating the Fulham community. **We raised over £20,000** for our ongoing work with older, disabled, and disadvantaged neighbours in their homes, our community and community centre and online. Thank you all!

President: The Mayor of
Hammersmith & Fulham



August 2nd 2023

Mon - Digital Support

11:00am; Exercise
2:00pm; Choir 3:30pm;
Gardening service

Tues - Art Club

11:00am; Gardening
service; Silver Lunch
Club (monthly at White
Horse, Kennedys & the
Rylston)

Wed - Lunch Club

1:00pm; Online Art Club
3:00pm; Gardening
service; Decorating &
DIY service

Thurs - Reading Club

11:00am; Exercise
2:00pm and 3:00pm;
Decorating & DIY service

Fri - Craft Club 11:00am;
Decorating & DIY service

Sun - Afternoon Tea on
the 6th & 26th at 3:00pm

Windrush

**Our beneficiaries had a great time at the
Windrush event hosted by Nubian Life
Resource Centre at Fulham Palace!**

It was a fabulous afternoon enjoyed by all with
glorious food, dancing, and great entertainment
by Effra Jazz Band.



Room needed for video-shoot!

Media Trust has very kindly donated their time and effort to help create a film about Fulham Good Neighbours and the work we do in the community. A big thank you to Callum Lloyd-James for leading this project and helping Fulham Good Neighbours' reach a wider audience!

For the purpose of this video-shoot we are kindly making a request for a room in a house/flat for use as a shooting location for EITHER Monday the 21st of August OR Tuesday the 22nd of August between 9:00am - 6:00pm.

Cost covered by a location fee!

Choir Club

Choir club will be resuming in September, Grace (volunteer co-ordinator) will be in touch very soon with further details.

Volunteer Corner

Please see our **Handbook** [here](#) & our **Safeguarding** policy [here](#). Please contact us with any queries & ensure to expense your costs so that you are not out of pocket. If you are **concerned for a beneficiary**, please call 07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. **In an emergency, please call 999.**



Compassionate Neighbours

Compassionate Neighbours are looking for volunteers who can offer their support to individuals who are experiencing isolation, illness, or loneliness. This will include: visiting community members regularly, emotional support and a listening ear helping members stay connected to their local community as well as with family and friends using their own skills and interests to create community initiatives and activities.

To learn more and book your spot on our H&F training, please contact the team on: connect@royaltrinityhospice.london or 0777 554 184



Compassionate
Neighbours



West London Works

Is a physical or mental health condition making employment difficult?

West London Works supports individuals with physical and/or mental health challenges access rewarding employment opportunities to help accelerate recovery and build a brighter future. West London Works is a free service designed to help you find meaningful employment or to stay in your current role.

Take advantage of this opportunity and sign up today by speaking to your GP and or contact them at 0800 987 4088 or info@westlondonworks.co.uk.

shaw trust

Twiningenterprise
mental wellbeing through work

NHS
North Central London
Integrated Care Board

North West London
Integrated Care System
Working together to make London work

Tuesday Club

A new network of memory cafes in H&F running each week

The Tuesday Clubs are a place where people can find companionship in a relaxed environment away from the stresses of everyday life; the activity groups can improve wellbeing by:

- Providing interest and enjoyment
- Connecting with others
- Sharing experiences among peers
- Getting out into the community

Look for a location near you! To sign up or ask questions, please call Peggy on 07775784520 or email at peggy@hfdaa.org.

DAA Hammersmith & Fulham
Dementia Action Alliance

h&f Dementia
Partnership Board

Nourish Hub

Brekky Club

Brekky Club happening every 2nd & 4th Friday of every month! This is an opportunity to get together with your community over a hot drink and breakfast between **9:00am - 11:00am (1 St Anns Road, Shepherds Bush, W11 4SS)**. No bookings required.

Upcoming dates:

- Friday 11th of August
- Friday 25th of August
- Friday 8th of September
- Friday 22nd of September

Summer Fun Events

Join Nourish Hub for a delicious two-course vegetarian Surplus Suppers or escape the heat and watch some foodie movies with snacks! **(Unit A, Swanscombe house, 1 St Anns Road, Shepherds Bush, W11 4SS)**

Upcoming events:

- 9th of August - A-Peel Art Surplus Supper 4.30-6:30pm
- 10th of August - Movie Screening - Ratatouille 2:00-4:30pm
- 23rd of August - Movie Screening - Cloudy with a Chance of Meatballs 2:00-4:30pm
- 30th of August - Hub Quiz Surplus Supper 5:00-7:00pm

NOURISH
HUB

Contact us

☎ 020 7385 8850

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

📍 70 Rosaline Rd, London, SW6 7QT

Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 [Fulham Good Neighbours](#)

👤 [Fulham Good Neighbours Service](#)

Supporters Scheme Form by Standing Order

Your details

TITLE	FIRST NAME	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
POST CODE	EMAIL	TELEPHONE NUMBER
<input type="text"/>	<input type="text"/>	<input type="text"/>

REGISTERED CHARITY

1113752

PLEASE RETURN THIS
COMPLETED FORM TO:

**Fulham Good
Neighbours, Rosaline
Hall, 70 Rosaline Rd,
SW6 7QT**

Your gift to the Manager

Standing order mandate

NAME OF YOUR BANK (BANK/BUILDING SOCIETY)

ADDRESS OF YOUR BANK

POST CODE

ACCOUNT NAME

ACCOUNT NUMBER

SORT CODE

I WOULD LIKE TO SET UP A STANDING ORDER FOR £ TO BE PAID (MONTHLY/YEARLY/OTHER)

STARTING PAYMENT ON / /

AND THEREAFTER UNTIL FURTHER NOTICE. PLEASE QUOTE REFERENCE:
SUPPORTERS SCHEME

PLEASE PAY THE ABOVE AMOUNT TO: CAF BANK, 25 KINGS HILL AVENUE, KINGS HILL, WEST MALLING, ME19 4JQ

ACCOUNT NUMBER: 00014669 SORT CODE: 40 - 52 - 50

SIGNATURE: DATE: / /

Gift Aid declaration

Gift Aid is a tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

☐

I understand that I must pay an amount of income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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