

APRIL NEWSLETTER 2025

For Wentworth Court, Waterhouse Close, and St. Andrews Court Residents

Join Fulham Good Neighbours for a **Techy Tea Party**, a welcoming event where you can enjoy tea, coffee, and delicious treats while getting free, patient digital support!

 Where? **Wentworth Court Communal Lounge**

 **Laundry Road, W6 8QP**

 When? **Monday, 14th April 2025**

 Time? **12:00 PM – 3:00 PM**

 Our friendly volunteers can assist you with:

- ✓ Phone, tablet, laptop, digital enquiry
- ✓ Sending emails & texts
- ✓ Making video calls
- ✓ Online shopping & accessing services
- ✓ Booking GP & NHS appointments
- ✓ Staying safe online

No need to book—just drop in! Whether you need help with the basics or just have a quick question, we'd love to see you.

Good Neighbour Scheme

Whether you need assistance with **shopping, transport, DIY, errands, or domestic tasks**, our dedicated volunteers are ready to lend a hand. We are here to support older people and those with disabilities who may be feeling isolated or in need of a little extra help to make life easier. If you would like to request support or find out more, please contact us on 020 7385 8850 or info@fulhamgoodneighbours.org. Let us be a good neighbour – we're here for you!

President: The Mayor of
Hammersmith & Fulham



April 3rd 2025

Social Clubs Timetable

Monday

11:00am - Digital Support
2:00pm - Chair-Based Exercise

Tuesday

10:00am - Art
12:30pm/1:00pm- Silver
Lunch (monthly at St Peter
Church Hall, Lillie Langtry,
Kennedys, & Elephant &
Barrel)

Wednesday

1:00pm - Wednesday Lunch

Thursday

11:00am - Reading
1:00pm - Choir
3:00pm - Chair-Based Exercise

Friday

10:00am - Chair-Based Exercise
11:00am - Textiles Workshop

Textiles Workshop

We're excited to announce that our Textiles Workshop will be running until May 2025!

Led by the talented Marion & Gotti from Fulham Textiles Studio. **The workshop will be taking place for the following dates:**

April 2025:

- Friday, 4th April
- (Easter Break)
- Friday, 25th April

May 2025:

- Friday, 2nd May
- Friday, 9th May
- Friday, 16th May
- Friday, 23rd May
- Friday, 30th May

Interested in joining? If you're already registered, simply drop in and get creative with us!

Location: Rosaline Hall (70 Rosaline Rd, SW6 7QT)

When: Every Friday at 11:00am

FOUR
TEXTILE
STUDIO



RIP Joyce Ashpland

'As many of you involved with FGNS will know Joyce died earlier this year.

Joyce as you will be aware was the key person developing FGN as its organiser from the 1970's until her retirement and then as a volunteer and beneficiary in the more recent past.

I first met her in the early 1970's as a volunteer pushing a beneficiary in a wheelchair around Barbers [a long gone department store in N.End Rd] during their special evening opening for Christmas shopping.

Many other events followed, notably including the twice yearly book sales through the 1980's with Joyce, Robin [her husband] and many other FGN helpers involved.

With so many memories I went to Joyce's funeral with some trepidation. Quite unnecessary. The Putney Vale Crem was crowded and we joined in a celebration of the many aspects of Joyce's long life.

Indeed at 97 it was indeed a Life Well Lived.' - Robert Fryer (Trustee of Fulham Good Neighbours)



DIY Support for your home

At Fulham Good Neighbours, we're here to help with your minor home repairs and DIY tasks!

Whether you need help assembling furniture, fittings, or completing other small repairs, our friendly volunteers are ready to assist you.

If you need support, just give us a call at 020 7385 8850 or email us at info@fulhamgoodneighbours.org. We're happy to lend a hand and make your home a little more comfortable!



Volunteer Corner

FGN offers online Mobile Handling and Ladder Safety Training, contact Steve or Barney for access. If you are concerned about a beneficiary, please call 020 7385 8850 or if you are unable to reach a staff member call LBHF Adult Social Care on 0800 145 6095 (8.45 to 5pm, Monday to Friday). Outside office hours contact 020 8748 8588, email

safeguardingadults@lbhf.gov.uk or raise a safeguarding alert by completing and sending in this form.

[H&F safeguarding adults at risk concern form](#)). In an emergency please call 999.

Beat the Chill– Free Thermal Vests Available!

As part of the *Winter Support Fund* from **H&F Giving**, Fulham Good Neighbours is offering **FREE** thermal vests to our beneficiaries. We have men's and women's sizes available to help keep you warm during the colder months.

How to Get Yours:

1. Drop by our community centre to collect one.
2. Housebound? Give us a call, and we'll arrange a delivery for you on 020 7385 8850.



Contact us

📞 020 7385 8850

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

📍 70 Rosaline Rd, London, SW6 7QT

Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 Fulham Good Neighbours

🏠 Fulham Good Neighbours Service



Supporters Scheme Form by Standing Order

Your details

TITLE FIRST NAME LAST NAME

ADDRESS

POST CODE EMAIL TELEPHONE NUMBER

REGISTERED CHARITY

1113752

PLEASE RETURN THIS COMPLETED FORM TO:

Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Rd, SW6 7QT, London

To the Bank Manager

Standing order mandate

NAME OF YOUR BANK (BANK/BUILDING SOCIETY)

ADDRESS OF YOUR BANK POST CODE

ACCOUNT NAME

ACCOUNT NUMBER SORT CODE

I WOULD LIKE TO SET UP A STANDING ORDER FOR £ TO BE PAID (MONTHLY/YEARLY/OTHER)

STARTING PAYMENT ON / / AND THEREAFTER UNTIL FURTHER NOTICE. PLEASE QUOTE REFERENCE: SUPPORTERS SCHEME

PLEASE PAY THE ABOVE AMOUNT TO: THE CO OPERATIVE BANK, BUSINESS DIRECT PO BOX 250, SKELMERSDALE, WN86WT

ACCOUNT NUMBER: 67309922 ACCOUNT NAME: Fulham Good Neighbour Service SORT CODE: 08-92-99

SIGNATURE: DATE: / /

Gift Aid declaration (at no extra cost to you)

Gift Aid is a tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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