

# Tea, cake and IT!

# Using a laptop, smartphone or PC is easier than you think

These are just another tool to do the things you already enjoy, but quicker and cheaper. Our friendly and skilled volunteers can meet you and discuss one-to-one, all you want to know about using the Internet. They can visit you at home or meet you at our office. The volunteers are patient and can meet you as many times as you want, to go through everything together at your own pace.

## Want to get in touch with family and friends abroad?

By learning to use emails you can send electronic letters anywhere in the world knowing they will be received as soon as you send them. You avoid the cost of postage and hear can back from your loved ones much sooner.

#### Do you have questions you need to find an answer to?

Do you need to find a plumber near you or maybe you want to know the train times or how to look after a specific plant? A lot of people think of the Internet as an encyclopedia or yellow pages. Any question can be answered with a quick search.

#### Would it help to have your shopping delivered at home?

Sometimes our health or disability might prevent us from going out. But you can still have the items you like, from the shops you know and choose from available deals - all delivered at your doorstep. Our volunteers will help you set this up and practice with you for as long as you need.

What if you don't have a device or Internet connection? No problem at all, our volunteers will bring all that is needed with them to the meeting.



To find out more or to book a visit from a volunteer contact us on

# 020 7385 8850

## Would you like to get involved and help others to learn and develop new skills?

We would be delighted to hear from you and discuss our volunteering opportunities.

**To find out more visit:** https://www.fulhamgoodneighbours.org/support-us/volunteer-with-us

## or contact us at info@fulhamgoodneighbours.org