



Fulham Good Neighbour Service
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President: Mayor of Hammersmith and Fulham

Offering practical support and friendship to older people in Fulham since 1966.

ADOPT A GARDEN VOLUNTEERS INFO-SHEET

Dear Adopt a Garden Volunteer,

Thank you for supporting your local neighbour with regular gardening. We aim to match volunteers with older people in Fulham who need help in managing their gardens and who will benefit from a social visit. Together we wish to bring older people and communities closer together, to increase their wellbeing and address the growing demand in gardening services and social inclusion.

On a practical level, you will be matched with an older person who has a garden but:

- Is not physically able to do gardening themselves and is unable to get help from anyone else to do it for them;
- Would benefit from receiving a monthly visit from a volunteer
- Needs only basic maintenance and care: *without any trees, complex plants or requiring the use of any electrical tools* eg. Electric lawnmower.

Complex gardening needs will be referred to our Gardening service.

We will expect that you visit the matched beneficiary on a monthly basis and inform the office about the dates of each visit, to help us show the positive difference that the project is making to the lives of those involved.

We do hope that the match will work for both parties but please do contact the office if you have any questions or concerns. In particular, please do follow our Risk Assessment, Lone Working, Safeguarding, Health and Safety Policies as outlined in the Volunteer Handbook.

Thank you and we hope you will find this an enjoyable and rewarding experience!

With best regards,

Lucia Ciolanel

Project Coordinator