

What's on in September 2016:

Fulham Lunch Club

Every Wednesday between 1PM and 4PM at Rosaline Hall, 70 Rosaline Road, London, SW6 7QT

An opportunity to meet old friends or make new ones. We have a light lunch at 1PM followed by a guest speaker or performer. We also play word games, do crosswords and have a good chat over some nice tea and cake. We are particularly keen on new people joining the Club and the afternoon is absolutely FREE.

Silver Club

Tuesday, 6th September 2016 between 12PM and 3PM and every first Tuesday of the month thereafter, we meet at

Hollywood Arms, 45 Hollywood Road, London, SW10 9HX

The owners welcome us to a tasty lunch for only £5 and the Fulham and Chelsea Women's Institute members bake fantastic cakes. There are only 25 places and attendance needs to be pre-booked by contacting us on 020 7385 8850.

DATE:	WHAT IS ON?	VENUE:
Tuesday 6th September	Silver Club 12PM—3PM booking required	Hollywood Arms
Wednesday 7th September	Fulham Lunch Club 1PM—4PM (speaker from The Blind Association)	Rosaline Hall
Wednesday 14th September	Fulham LunchClub 1PM—4PM (Joyce Aspland—history of Fulham streets' names)	Rosaline Hall
Wednesday 21st September	Fulham Lunch Club 1PM—4PM: Financial Capability talk	Rosaline Hall
Wednesday 28th September	Fulham Lunch Club 1PM—4PM (speaker from Contact the Elderly)	Rosaline Hall
Thursday 29th September	50th Anniversary Party 5PM-8PM by invitation	Community Hall Stoll Foundation
Friday 30th September	Volunteer Induction 3PM-5:30PM	Rosaline Hall



On Friday, 12th August 2016 we hosted a session of the LBHF Poverty and Worklessness Commission contributing our views on tackling those issues, and especially poverty amongst older people.



Fulham Good Neighbour Service
Rosaline Hall, 70 Rosaline Road
London SW6 7QT
Tel. 020 7385 8850
info@fulhamgoodneighbours.org
www.fulhamgoodneighbours.org
@FulGdNeighbours

President: The Mayor of Hammersmith and Fulham

***Offering practical support and friendship
to older people in Fulham since 1966.***

September 2016

Fulham Lunch Club

From this month we are turning Wednesdays' Reachout into a FREE Fulham Lunch Club. We welcome new members but also look for volunteers who can support us on Wednesdays, especially those who are car owners and could drive older people to and from the club. We will offer a light lunch of soup and bread and will have speakers or performers every week. We hope to see you at Rosaline Hall!



Day Trip to Brighton

On sunny Wednesday, 3rd August we set off to Brighton. Although the final group was smaller than anticipated, due to some of our people going into hospital, the spirits remained high through the day.



Vote for us if you are a Nationwide BS Customer!!!

We been selected as one of three Community Match charity. Customers can vote for us in the following branches: Hammersmith, Chiswick, Kensington, Putney, Fulham, Wandsworth, Streatham. If you are a Nationwide BS customer please vote for us before 30th September for our chance to receive £500 towards our charitable work.

Volunteers' Corner:

We are looking for current volunteers who might be able to promote our service by attending community fetes, events and festivals. If you could spare 2-3 hours once twice a year on a Saturday or Sunday by setting up and manning a stall with our leaflets please contact us. At the moment we are looking for 1-2 volunteers to represent us at the Contact The Elderly Tea Party on Saturday, 8th October 2016 between 13:00 and 16:30.

Our 50th Anniversary Party: Volunteers are needed to help with setting up the room, directing guests and tidying up on Thursday, 29th Sep 2016 between 16:00 and 21:00 (shorter times also needed and welcomed). Please get in touch if you could help.

Calling All Befriending and Wheelchair Pushing Volunteers:

We are keen to hear from all of you who might be interested in being matched with an older and/or disabled person for regular visits. These could take place in the evenings or over the weekends. We are also keen to hear from all of those who can help with pushing older/disabled people in wheelchairs.

Volunteer Induction

We are having an induction for all our volunteers (old and new) on Friday, 30th September between 15:00 and 17:30. Please book via the email invite you received.



Virgin London Marathon

We are delighted that a lovely lady (and experienced runner!) Georgia Cosslett decided to run and fundraise for us during Virgin London Marathon 2017!



ABLE is delighted to announce the launch of the inaugural '**Big Bad Tea Party**' **on October 8th 2016** at the iconic St Paul's Church in Hammersmith. The event will be the largest community tea party hosted in aid of Contact the Elderly, the UK's only national charity focused exclusively on combating loneliness amongst the older community.

The Big Bad Tea Party is all about bringing fun and connection to the lives of 250 older people living on their own in Hammersmith and Fulham and surrounding areas.

The event will involve a range of entertainment including a well renowned swing band, a professional dancing demonstration and a raffle with prizes focusing on 'an experience for an older person'. Of course no tea party is complete without the obligatory tea and cake, which has been supplied by Fiona Cairns (cake maker for HRH Prince William and Kate's wedding). The event will be set against the backdrop of a large cinema screen relaying images from the 50's & 60's.

The Big Bad Tea Party takes place on **Saturday 8th October 2016** from **2pm to 5pm** and promises to be a memorable day out for the older members of our community.

Should you be interested in attending the event can we ask you to contact **Donna Duffy on Tel. 07793 752742** to confirm your attendance and if you require transport to the event.

Gardening

Our gardening service has been extremely popular this summer. While we are unlikely to be able to meet any new requests Cathy, Ricky and their helpers are steadily going through the jobs to make everyone's garden accessible and enjoyable again.

Before:



After:

