Dementia Action Alliance

We have joined the Dementia Action Alliance, an England-wide movement to bring about a society-wide response to dementia. One of our staff will become a Dementia Friends Champion, we will create a resource library with dementia related materials at Rosaline Hall and will also aim to make the building more dementia friendly. In the meantime we encourage all Internet users reading this to spend a few minutes and become dementia friends via https://www.dementiafriends.org.uk/

Charitable Bookings

Book a restaurant table through www.charitablebookings.org and £1 for every diner in your party will be donated by the restaurant to a charity of your choice (hopefully Fulham Good Neighbours!) at absolutely no cost to you.

(e.g. book a table for 4 people and on attendance £4 will be donated to charity) Available on the

What's on in July 2016:

Reachout Social Club

Every Wednesday between 2PM and 4PM at Rosaline Hall, 70 Rosaline Road,

London, SW6 7QT An opportunity to meet old friends or make new ones. We play word games, do crosswords and have a good chat over some nice tea and cake. We are particularly keen on new people joining the Club, so reach out and join us here.

Silver Club

Tuesday, 5th July 2016 between 12 and 3PM

and every first Tuesday of the month thereafter, we meet at Hollywood Arms, 45 Hollywood Road, London, SW10 9HX.

The owners welcome us to a tasty lunch for only £5 and the Fulham and Chelsea Women's Institute members bake fantastic cakes. There are only 25 places and attendance needs to be pre-booked by contacting us on 020 7385 8850.

3	DATE:	WHAT IS ON?
1	Tuesday, 5th July	Silver Club (Holywood Arms) 12:00-15:00
	Wednesday, 6th July	Reachout Social Club 14:00-16:00
2	Wednesday, 13th July	Reachout Social Club at Nazareth House Garden Party 14:00-16:00
, /)	Wednesday, 20th July	Reachout Social Club— visit from young people with the National Citizens Service 14:00-16:00
- - -	Wednesday, 27th July	Reachout Social Club 14:00-16:00
	Thursday, 28th July	Cycling Workshops 12:00– 15:00





Fulham Good Neighbour Service Rosaline Hall, 70 Rosaline Road London SW6 7QT Tel. 020 7385 8850 info@fulhamgoodneighbours.org www.fulhamgoodneighbours.org **⋯** @FulGdNeighbours

President: The Mayor of Hammersmith and Fulham

Offering practical support and friendship to older people in Fulham since 1966.

July 2016

We are delighted to have been shortlisted for the Lord Mayor's Dragon Award in the Community Partnership category for our work with Assael Architects, whose employees have been volunteering on our gardening project for the last 2 years.



The Lord Mayor's Dragon Awards recognise and celebrate organisations making an exemplary impact in London's communities. The Awards are designed to showcase best practice and inspire others to get involved in their communities, ultimately leading to a more inclusive and sustainable London. Lord Mayor Alderman Jeffrey Mountevans will present awards to the winners at a Mansion House gala dinner on the 27th September. Please keep your fingers crossed for us!!!

LBHF Funding

At the very end of May we got the fantastic news that funding through the 3rd Sector Investment Fund, which we have been receiving from the London Borough of Hammersmith and Fulham, has been extended until hammersmith & fulham March 2018! We are very grateful to the council for their



continuous support which provides crucial co-funding for key areas of our work:

- Errands for all those in need;
- Gardening and decorating;
- Befriending and
- Social Clubs.







Volunteering Week 2016



We were delighted to take part in this year's Volunteer Week. We had a stall promoting our volunteering opportunities an event organised by H&F Volunteer Centre at Hammersmith Library, tweeted our gratitude to all volunteers via

@FulGdNeighbours account and had an event attended by nearly 20 volunteers, including our corporate

volunteers from Assael Architects. We are very grateful indeed for all your help over the last 12 months!!!

Volunteers' Corner:

We are looking for current volunteers who might be able to promote our service by attending community fetes, events and festivals. If you could spare 2-3 hours once-twice a year on a Saturday or Sunday setting up and manning stall with our leaflets please contact Chris on 020 7385 8850 or email him at chrismikata@fulhamgoodneighbours.org



If you are interested in helping us in additional areas to the ones indicated when you first applied please let us know. We are particularly keen to hear from volunteers interested in befriending and in gardening.

Please also get in touch if you would like to take part in one or both of the Cycle Safety Seminars (see next page) or if you would like to book for First Aid Training Course. This will take place on Thursday, 13th October 2016 at Rosaline Hall. There are 8 places for our volunteers and they will be offered on a first come, first serve basis.

Queen's 90th Birthday Celebration

We had a wonderful day celebrating Queen's Birthday on 9th June here at Rosaline Hall. After a fulfilling meal, we were treated to a brilliant music performance from Brick Lane Music Hall; we finished the day with a quiz testing our knowledge about the Queen and Royal Family.



Day Trip to Brighton

We are planning a day trip to Brighton on 3rd August 2016. Please contact the office by 15th July 2016 if you would like to take part. The fee is £5.

Cycling Workshops:

We cordially invite all our beneficiaries, volunteers and supporters who are into cycling, on Thursday, 28th July for:

12:00—14:00 Cycle Safety Checks & Bike Marking Session

14:00—15:00 Cycle Safety Seminar You can join for one or both sessions but we

would be grateful if you could contact us to prebook your attendance. The event is delivered thanks to and by Transport for London.



National Gallery Painters' Paintings: From Freud to Van Dyck

We have received from free tickets for this special exhibition and would like to offer them to our beneficiaries. The exhibition runs until 4th September 2016. Please get in touch with the office if you are interested.